



Our Public Speaking Finalists, Millah, Larni, Bao, Ruby, Blake, Cailin, Harry, Raymond and Olive.

MINDABOOKA Week 2 Term 4 2020

Dear Parents, Carers and Community,
Welcome back to the last term of an extraordinary year. I trust you all enjoyed the break, relaxed and enjoyed time spent with family and friends.

There is much learning and celebration to be had this term and I am very much looking forward to sharing these upcoming moments with our students, staff and community.

Public Speaking Competition

Last Friday during our whole school Zoom Assembly we were wowed by our Finalists who confidently presented their speeches. Congratulations to all finalists and to all of our student body who presented speeches. This task can be overwhelming and I commend everyone for stepping out of their comfort zone and having a go! If you haven't had a chance to view the speeches make sure you jump on to our Facebook page to hear about parenting in 2020, happy places, travelling to another planet and the secret life of our pets just to name a few topics spoken about.

Stage 3 Camp

Unfortunately with the easing of some New South Wales COVID restrictions this term came the directive from the Department of Education that interstate excursions can not proceed this term, which is inclusive of Canberra. Therefore our planned Stage 3 camp will not proceed. Staff have been busy planning a local alternative experience that will bring our students together and create special memories that our year 6 students will take with them as they finish their Primary School journey.

Year 4 Camp

Year 4 will proceed with their camp and Great Aussie Bush Camp have a thorough COVID response plan in place to ensure the wellbeing of all attending. A note has also gone home with all Year 4 students today regarding final details and payment of this excursion.

School Improvement Plan 2021-2024

Thank you to everyone who has completed our Communication Survey, if you haven't done so as yet please click on <https://forms.gle/75sakEKsDWoWYGrY7> and have your say as it closes this Friday. We will also be forming our Community Focus Groups in the coming weeks so if you would like to be part of shaping the future of our school directions please either send an email through to the school or give the ladies in the office a quick call so they can add your name to our list.

Commencement of the 2021 Year

Yesterday the Department of Education announced changes to the commencement of the 2021 school year. Traditionally we had 2 days allocated for staff professional development at the end of Term 4 to finish off the year. 2020 will be the last year that these 2 days are allocated. The Department advised that these 2 days will now be allocated at the start of the year. **Therefore all students in K-6 will commence the school year on Friday 29th January 2021** and all staff will be undertaking professional development on the 27th and 28th January 2021.

Thank you

A very big thank you to our generous community and our hardworking P&C who, over the holidays purchased items chosen by

each class using their P&C Bucks. Our students were so excited to receive their class orders. Please see details about the Silver Coin Challenge in the APS P&C Newsletter. Your generosity goes towards supporting our students and our school. Thank you to all who are able to contribute to this fun class based fund raiser.

Book Packs in 2021

In preparation for the new year, the staff have been compiling resource lists relevant to each year as we will no longer be selling 'book packs'. The resource lists will allow parents to purchase items for their children from any store they wish, label and have at school to use. As a school we will only be charging for published books eg. Handwriting books that we source from stockists in bulk. These lists will be published in next fortnights newsletter so please keep an eye out. Some items are great stocking fillers for Christmas!

Permission Notes on our Website

From Week 3 all permission notes that go home with students will also be available on our school website under the About our School tab, Permission Notes tab, the most recent note will appear at the top. We hope this helps our families with school communication.

Crazy Hair and Sock Day

I look forward to seeing all of our students join in on this Year 6 Fundraiser on Friday 30th October. A gold coin donation is all that is required to join in the fun. Students are still to wear school uniform on this day.

Have a wonderful fortnight everyone!

DATES FOR YOUR DIARY — see Term Calendar on following pages

22 Oct - Kinder O -Teddy Bears Picnic

29 Oct - Kinder Oakvale Farm Excursion

4 Nov - Student leadership for 2021 nominations

26 Oct - P&C Meeting via Zoom

30 Oct - Crazy Hair & Sock Day

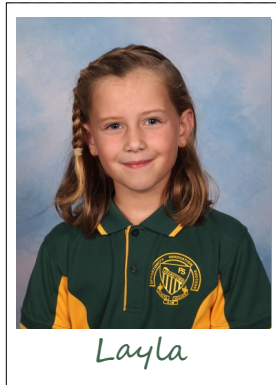
5 Nov - Kinder O session

Principal Awards

Core Value: Excellence



Harry



Layla

A dedicated student who always gives 100% to all tasks. An exceptional role model to peers.

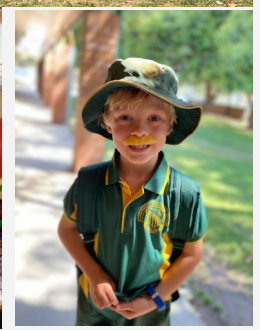
A dedicated student who always gives 100% in all tasks. Layla displays excellence always.

Our PSC final results!

The NSW Premier's Sporting Challenge has now finished and the final class results are below. Well done everyone for being active and participating in this challenge!

3/4J	Silver
3/4L	Bronze
4/5P	Gold
4/5T	Gold
5/6D	Gold
5/6L	Diamond

Our Happy Place...



Check out more pics on our Facebook page and on our school website Gallery page

Our Facebook page is a place where we want to build our community and school culture, it is a celebration of our community and we are happy to see support for various posts via a Facebook comment or a 'like'. Follow or like our official page to stay connected!

Public Speaking

On Friday the 16th of October, our school held its final round of the 2020 Intra-school Public Speaking Competition. Determined not to let a pesky global pandemic dampen our spirits, it was decided that we would run our Public Speaking competition a little differently this year.

Students participated in the traditional classroom rounds, where they delivered their prepared speeches to their classmates. Classroom teachers selected two students to represent their class at the Stage Finals, which were held over Zoom conferences.

Two winners from each stage were selected to deliver their speeches at the Friday Whole-School Zoom Assembly.

Students should be exceedingly proud of their efforts to prepare, rehearse and deliver their speeches.

Congratulations to our stage representatives.

Early Stage One: Olive and Millah

Stage One: Harry, Blake and Bao

Stage Two: Raymond and Cailin

Stage Three: Ruby and Lani

We hope that 2021 will bring with it a return to the normal Inter-school Public Speaking competition, however we had a pretty good time delivering our speeches to the Greatest School Around!

Erin Littlewood

Library news from Mr Howell

Welcome back to a busy Term 4. Classes will continue to borrow and return books on the following days:

Monday: 5/6D, 5/6L, KM, KW

Tuesday: 4/5P, 4/5T, 2C, 2A

Wednesday: KD

Thursday: 3/4J, 3/4L, 1S, 1C

Borrowed books are to be returned each week so new books can be borrowed. This system greatly reduces the chance for resources becoming lost. If by chance you forget your bag on your library day bring it in the next day at lunch time.

Chess Competition

The Library will be hosting a Chess competition starting in Week 3. Students in grades 2 to 6 who can follow the rules of Chess may enter. Students can now enter by putting their name on the Chess list in the Library.

Lost and Damaged Books

Students are responsible for the books they borrow and due care must be taken when they are in their care. However, we understand that accidents do occur. We appreciate your support and trust you understand that if books are lost or damaged then a replacement book or monetary donation can be paid at the office.

This will assist us to maintain a quality literature selection for all students. Occasionally we may send home an overdue notice if a book has not been returned to the library after the due date. We also continue to look for the missing items in the library on a regular basis.

Library Bags

Please remember to bring library bags on library day. This helps to keep books safe and in good condition.

Keep on reading!

Mr Howell - Teacher Librarian



Book Week Parade..



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1A Bryant Street Adamstown NSW 2289 ☎ 4957 1114

✉ adamstown-p.school@det.nsw.edu.au 🌐 www.adamstown-p.schools.nsw.gov.au



Stay up to date with what's happening at our school by downloading the SkoolBag App

News from Mrs Nagel our Defence School Mentor

Dear Parents and Carers,

In Term 4 we have a few activities and events scheduled.

PARENT GET TOGETHER:

Due to COVID restrictions we are not able to organise a parent meet and greet in person during school hours this term, however, we could meet online via ZOOM on a day and time suitable. Please email me with any feedback on this option and I am happy to organise it. Alternatively, please feel free to call me at school on 4957 1114 (Mondays to Wednesdays).



REMEMBRANCE DAY:

All students will be creating poppies this year, which will be displayed under the flag pole and around the memorial garden at the front of the school. In addition, there will be a Remembrance Day video production to commemorate and recognise the contributions of soldiers who have served and continue to serve our country.

SCHOOL SAFETY APP:

Please download the School Safety APP to receive operational status updates when necessary: <https://education.nsw.gov.au/parents-and-carers/nsw-school-updates-app>.

WHILE I'M AWAY APP:

What is this app about? While I'm Away is a tool to help parents support the mental health and wellbeing of their child should they need to be cared for by someone else (e.g. if a parent needs to go into hospital, travel for work, or is separated from their child for any period of time).

What are the benefits of this app?

While I'm Away allows parents to share with their nominated caregiver what is important for their child's continued wellbeing during the parent's absence. The parent can create separate profiles for multiple children, allowing them to provide information unique to each child.

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WELLBEING:

On the following page I have listed a few wellbeing app suggestions. which are all free to download and have been recommended by the Department of Education to support you and your child/ren.



In addition, please also check out the "Care and Connect Resources" developed by the Department of Education: <https://education.nsw.gov.au/teaching-and-learning/learning-from-home/wellbeing/care-and-connect/connect>

As always, I will keep you posted on other activities throughout the Term, and please contact me with any questions or concerns. I am here to support you.

Seesaw News for our Stage One Families

This term Stage 1 students will be using Seesaw. Seesaw is a secure educational platform which allows students to use tools to capture their learning. Students will be able to access Seesaw on school laptops and iPads. We would also like to begin using Seesaw as a way to communicate with parents and carers and to keep you up to date with what is happening at school. A unique family invite will be sent home with students. This family invite is personalised for each student and contains information to help you access your child's class account. If you have any difficulties accessing Seesaw, please don't hesitate to contact your classroom teacher for assistance.

News from Mrs Nagel our Defence School Mentor continued...

| NSW Department of Education

WELLBEING APPS

Apps to support you and your child

Clear Fear

About: The fear of threat, or anxiety, is like a strong gust of wind. It drags you in and makes you want to fight it or run away. Instead, face your fear with the free Clear Fear app and learn to reduce the physical responses to threat as well as changing thoughts and behaviours and releasing emotions.

Cost: Free **Available:** App Store & Google Play

ReachOut Worry Time

About: ReachOut Worry Time interrupts repetitive thinking by setting aside your worries until later, so you don't get caught up in them and can get on with your day. This means you can deal with worries once a day, rather than carrying them around with you 24/7

Cost: Free **Available:** App Store

ReachOut Breathe

About: ReachOut Breathe helps you reduce the physical symptoms of stress and anxiety by slowing down your breathing and your heart rate with your iPhone

Cost: Free **Available:** App Store

Smiling Mind

About: Smiling Mind is a meditation app for young people. It has been developed by a team of psychologists and uses mindfulness to boost calmness, contentment and clarity. Mindfulness meditation has been shown to help manage stress, resilience, anxiety, depression and improve general health and wellbeing.

Cost: Free **Available:** App Store & Google Play

education.nsw.gov.au



Year 7 entry for Selective High School in 2022



High Performing Students Team

Placement in selective high schools for Year 7 entry

in 2022

Information for applicants

Thinking of applying for
a government selective
high school for Year 7
in 2022?

You must apply online at:

[https://education.nsw.gov.au/
public-schools/selective-high-
schools-and-opportunity-
classes/year-7](https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7)



Key Dates

Application website opens:
13 October 2020

Application website closes:
16 November 2020
You must apply before this date.

Test centre and test authority advice
released:
25 February 2021

Selective High School placement test:
11 March 2021

Placement outcome information released:
2 July 2021

**Please read this booklet carefully before
applying.**

**From this year, you will be able to log
into your application to send and
receive messages and notices.**

There may be changes to the procedures
in this document. Check the website at
education.nsw.gov.au/shs-oc regularly for
updates throughout the application and
placement process.

Please check the website for information
before you contact the Team.

The Selective High Schools placement process for Year 7 entry is administered by the High Performing Students Team. It is referred to as 'the Team' in this document.

Contact Details:

High Performing Students Team, NSW Department of Education
Email: ssu@det.nsw.edu.au
Telephone: 1300 880 367
Postal Address: GPO BOX 33, SYDNEY NSW 2001

Facebook:

[https://www.facebook.com/groups/
772251106301086/](https://www.facebook.com/groups/772251106301086/)





PLASTIC BOTTLE LID REQUEST

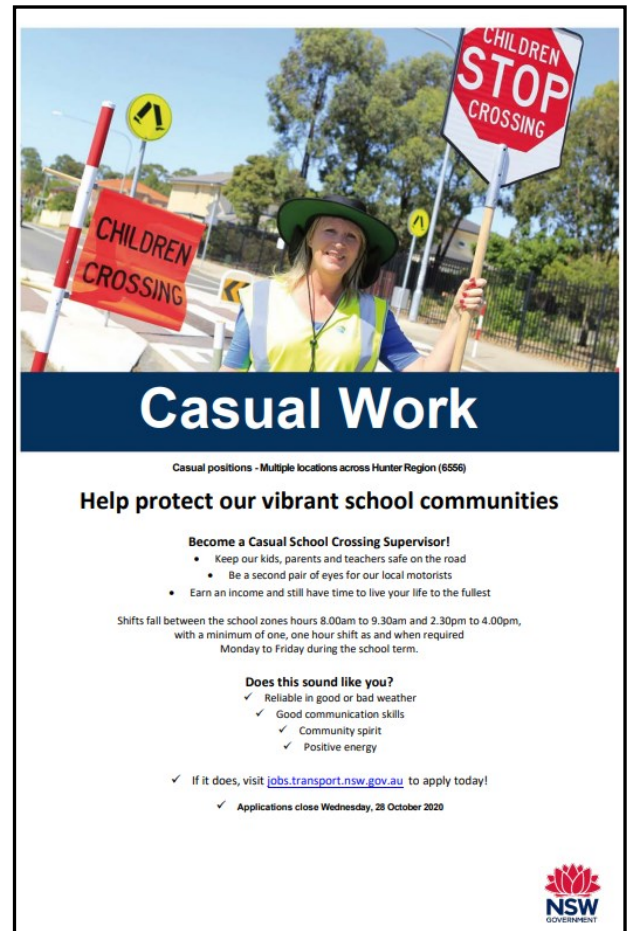
To help us to create an amazing recycled art mural, we are requesting that families and our community start collecting plastic bottle lids.

Our design incorporates lots of green, however all colours are welcome!

Lids could come from:

Milk | Cordial | Soft Drinks | Spreads

Lids can be donated to the office.



Casual Work

Casual positions - Multiple locations across Hunter Region (6556)

Help protect our vibrant school communities

Become a Casual School Crossing Supervisor!

- Keep our kids, parents and teachers safe on the road
- Be a second pair of eyes for our local motorists
- Earn an income and still have time to live your life to the fullest

Shifts fall between the school zones hours 8.00am to 9.30am and 2.30pm to 4.00pm, with a minimum of one, one hour shift as and when required Monday to Friday during the school term.

Does this sound like you?

- Reliable in good or bad weather
- Good communication skills
- Community spirit
- Positive energy

✓ If it does, visit jobs.transport.nsw.gov.au to apply today!

✓ Applications close Wednesday, 28 October 2020

NSW GOVERNMENT

#CreativityForKids

Each fortnight we are sharing two Apple Creativity tips in the newsletter. We hope you enjoy engaging with some of these ideas with the kids.

#CreativityForKids

#9 Calendar together



Use a calendar to track the days, month, seasons, weather—and even your mood! Download a template from the apple.co/creativityforkids PDF.

Get started: Open the document using the Keynote app. Copy the labels and paste them to the right spot on the calendar.

Explore more: apple.co/creativityforkids

#CreativityForKids






#10 Find shapes in nature



Take a photo outdoors, then use Markup to trace all the shapes you can find in the photo.

Get started: Open your photo, tap Edit, then tap the three dots in the top-right to use Markup.

Explore more: apple.co/creativityforkids

Adamstown PS - Term 4 2020						
Term 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
1	12th Oct Staff & Students return	13th Oct	14th Oct	15th Oct	16th Oct	Oct
2	19th Oct P&C Silver Coin Challenge begins	20th Oct	21st Oct	22nd Oct Kinder O Teddy Bears Picnic 	23rd Oct Parent Communication Survey Closes today	Oct
3	26th Oct P&C Meeting via Zoom	27th Oct	28th Oct	29th Oct Kinder Oakvale Farm Excursion	30th Oct World Teachers Day Crazy Hair & Sock Day	Oct
4	2nd Nov	3rd Nov	4th Nov Student leadership for 2021 nominations	5th Nov Kinder O session P&C Silver Coin Challenge finishes	6th Nov	Nov
5	9th Nov NAIDOC Week 'Always was, Always will be'	10th Nov NAIDOC Week 'Always was, Always will be'	11th Nov NAIDOC Week 'Always was, Always will be' Remembrance Day	12th Nov NAIDOC Week 'Always was, Always will be'	13th Nov NAIDOC Week 'Always was, Always will be'	Nov
6	16th Nov KHS Transition - Orientation day KHS Transition - Parent Information Session Applications close for selective HS year 7 2021	17th Nov	18th Nov Student Leadership 2021 speeches & voting	19th Nov Year 4 Camp Kinder Transition 3 Fundamental Movement and Maths activity rotations	20th Nov Year 4 Camp	Nov
7	23rd Nov	24th Nov	25th Nov	26th Nov	27th Nov	Nov
8	30th Nov KHS Transition - Enrichment Challenge	1st Dec	2nd Dec Life Education 	3rd Dec Life Education 	4th Dec Life Education 	Nov Dec
9	7th Dec Life Education 	8th Dec Presentation Day venue TBC	9th Dec Year 6 Mini Fete	10th Dec	11th Dec Reports and end of year student self assessments to go home today	Dec
10	14th Dec Year 6 Farewell	15th Dec	16th Dec Last day of term 4	17th Dec	18th Dec	Dec