



# MINDABOOKA

## Adamstown Public School



Week 10 Term 2

2 July 2019

### From the Principal

#### STUDENT ACHIEVEMENT

**Debating:** 4 wins out of 4 debates at the Train-On Gala Days.

Congratulations to the Year 5 debating team who remain undefeated at this stage of the Train-On competition. Teamwork, detailed arguments and amazing rebuttals have made them one team that is hard to beat. Keep up the great work!



**Public Speaking:** At Adamstown Public School, public speaking is seen as a skill for life and highly valued. All students are encouraged to participate in a supportive environment. Public speaking promotes self-improvement and encourages students to participate in self and peer assessment in order to build capacity for self-reflection.



Two students from Early Stage 1 and Stages 1, 2 and 3 will be selected to compete in the district competition in Term 3.

Our 8 school representatives will receive support in preparation for their big day of competition.

**Wangaan Woonanjar and Bingay Dancers:** Congratulations to our troupe of dancers who are in high demand and will be performing over the next few schools weeks at Kotara High, Belair Public School and various pre-schools within the local community. Our dancers consisting of Indigenous and non-indigenous students from Kindergarten to Year 6 learn to tell local stories through dance using the Katang language.

#### WELCOME MISS WALTERS

Miss Jessica Walters has come to join the APS teaching staff. Miss Walters will be 2N's class teacher for the remainder of the year in place of Miss Jordan. Miss Walters comes with much experience and expertise and is absolutely loving being with 2N as much as the students are enjoying working with Miss Walters. Please extend a warm Adamstown welcome to Jess should you see her in the playground.

#### ANOTHER BUSY TERM COMES TO AN END

It has been a very busy semester for Adamstown Public School; the staff have worked hard providing not only engaging classroom learning experiences but also the many extra-curricular activities (academic, sporting and cultural) that give every student the opportunity to shine.

Thank you to all our wonderful parents and community members who give our school so much support.

I hope all our students have an enjoyable holiday and return refreshed ready for an equally busy second semester.



#### SEMESTER ONE REPORTS

Teachers have now completed assessments and comments for Semester One reports. These reports should have found their way home to you today. These reports are an assessment of learning progress for your child for the last two terms. At any time if you wish to further discuss the content of these reports - please make contact with your child's class teacher to organise a mutually convenient appointment time. Learning discussions with Kindergarten students in KL and KW and their parents take place this week.

#### LOOKIN' GOOD!

Great job parents in keeping our students looking great! The winter months in many schools see all kinds of attire worn to the point that you might not recognise which school you're in! Not so at Adamstown! Our students look superb in their winter uniform which again last week attracted comments from more than one visitor to our school. Can I ask that we keep being vigilant with this? I know at times our kidlets try and push the limits and say that a certain thing is okay and that everyone else is wearing it too! Not so! I did spot one or two coloured sweatshirts last week and suggested to the boys that wearing a school jumper or jacket might be a better solution. Lo and behold the next day saw exactly that! Thank you again everyone for keeping us looking so good and attracting very complimentary comments from visitors to APS.

## BEANIE DAY



This Friday, APS will be supporting the Mark Hughes Foundation by raising awareness and funds for Brain Cancer research. Students are encouraged to wear their own beanie and bring a gold coin donation on the day or purchase a Mark Hughes beanie for \$25 during this week while stocks last. Mark Hughes will be visiting us on our Beanie Day and will speak at our Friday assembly. All parents are welcome to attend (with your beanie, of course!)

## TRANSPORTING STUDENTS

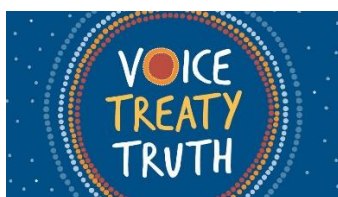
With a number of extracurricular sporting activities happening over the next semester, please ensure that you are familiar with the Department of Education's requirements for transporting students to and from events.

An information sheet is available from the office but does require that Parents/Carers of Volunteers provide the office with 100points of ID and have a signed Appendix 5 declaration. Evidence also must be provided that the vehicle transporting students is registered and that the driver is licensed. Full details are available from the office.

## NAIDOC DAY CELEBRATIONS....

National Aborigines and Islanders Day Observance Committee (NAIDOC) Week is a celebration of Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions of Indigenous Australians. The theme for this year is 'VOICE TREATY TRUTH : Let's work together for a shared future'.

NAIDOC week falls in the school holidays. We have a number of fabulous events planned in Week 1 next term for all students to gain further appreciation of our indigenous culture. Our thanks to Ms Wenham and Mr Downing, and our indigenous community for organising these special events for us.



## ENROLMENTS AT 'THE GREATEST SCHOOL AROUND' FOR 2020

Thank you to everyone who reminded neighbours and friends about the need to enrol their kinder kids for 2020. We have had an influx this term and have 42 local kindergarten enrolments lodged already for 2020.

Our 2020 Orientation program will begin next term. Should you know of any family who is looking to possibly enrol their child, whether it is Kindergarten or any other grade, please ask them to contact the office as soon as possible to enable their details to be included in our 2020 database.

Our school's enrolment policy is located on our school website <http://www.adamstown-p.schools.nsw.edu.au/> under parents' information. This policy outlines how APS can accept enrolments in 2020 and beyond. For all new enrolments, you will need to complete the DoE enrolment form.

They are available on line at <https://bit.ly/2lgXwMT> or from the school office.

## HOLIDAY READING



Looking for holiday reading? If you are unsure of an appropriate book for your child, why not try something from the Premier's Reading Challenge list? Great lists of books in various categories sorted in age groups can be found at: <https://online.det.nsw.edu.au/prc/booklist/home.html>

The 2019 Premier's Reading Challenge will close for all A.P.S. students in Week 7 of next term.

## TERM DATES

The last day of Term 2 will be Friday 5 July (Week 10). Teachers return on Monday 22 July for a Professional Development Day. **All students K-6 will return to school for Term 3 on Tuesday 23 July.**

## TERM 3 STAFF PROFESSIONAL DEVELOPMENT DAY

On this day, teaching staff will be involved in stage based collaborative planning sessions to extend and enrich differentiated learning experiences for our students in Reading and Writing, reviewing our K-6 Phonics and Spelling program and learning more about Future Focused Learning through collaborative classroom workspaces.

I hope all our students have an enjoyable holiday and return refreshed ready for an equally busy second semester.

Thank you for making our school the 'Greatest School Around'.

**Kym Ross – PRINCIPAL**

# Principal Awards

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## CORE VALUE: PARTICIPATION



**Christine**

Enthusiastic participation in all school activities.



**Nicole**

Outstanding effort and progress when working with Mrs Smith.

## School News

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### WRAPPER FREE

We conducted our wrapper free lunch this week. A total of 35% of students in our school had a wrapper free lunch (lunch packaged using reusable materials).

Out top three classes with the most students participating in wrapper free day were;  
2/3M with 42% of the class on the day being wrapper free  
3/4D with 46% of the class being wrapper free  
and our winning class was.....

1C with 48% of students having a wrapper free lunch.  
Well done 1C, you have won our Wrapper Free day for Term 2.

### E SAFETY

e-Safety Commission - Who Are We?



The eSafety Commissioner is responsible for promoting online safety for all Australians and is committed to helping all Australians have safer, positive experiences online—just as they would offline.

The Office co-ordinates and leads the online safety efforts of government, industry and the not-for profit community. It has a broad remit which includes providing:

- a complaints service for young Australians who experience serious cyberbullying
- identifying and removing illegal online content
- tackling image-based abuse.

The Office also provides audience-specific content to help educate all Australians about online safety including young people, women, teachers, parents, seniors and community groups.

Next semester we will include information from the e-safety commission in our fortnightly newsletter to keep you informed on how to stay safe online.

Attached is a flyer is about Screen Time for children. Take some time to read it, I am sure you will find the information most useful.

More information can be found at <https://www.esafety.gov.au/about-the-office>.

Megan Neilands

**Technology Co-ordinator**

## TRIBAL WARRIOR CRUISE

The Aboriginal students from Adamstown Public School and the Kotara Community of Schools had the fantastic opportunity of cruising Sydney Harbour aboard the Mari Nawi (big canoe) with Tribal Warrior. Students and teachers enjoyed the warm sun while being taken on a journey to learn the history and stories of Sydney Harbour from an Aboriginal perspective. Uncle Terry told stories of the Cadigal, Guringai, Wangal, Gammaraigal and Wallumedegal people of Sydney Harbour and taught the Aboriginal names and meanings of significant Sydney landmarks. The boat stopped at Be-lang-le-wool (Clark Island), and the students had the opportunity to learn traditional fishing methods, food gathering techniques, language, songs, and dance.

**Sarah Wenham**



## Library News

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Students are busy borrowing, returning and finishing off their Semester 1 research topics.

### Library Awards

Emerson R 2N  
Levi K 5/6M  
Jamahn D KW  
William M 1J

### Chess Competition

The Chess competition is continuing. Well done to the players that have progressed to the later rounds.

### Library Bags

Please remember to bring library bags on library day. This helps to keep books safe and in good condition.

### Book Week

Book Week celebrations are approaching in mid Term 3. Keep thinking about book parade costumes!  
The book fair is back this year with a new book supplier. Carnival Books will provide a fantastic selection of books for our book fair during Book Week.

### New Books in!

Weird School daze – D Gutman  
The Hulk – Marvel  
Fly Guy – T Arnold

Keep on reading!

**Mr Howell**



# Visual Arts News

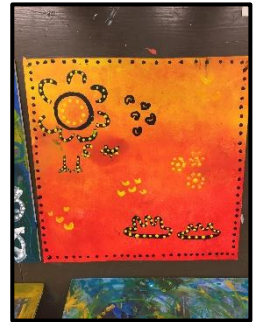
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## Saretta Feilding Mural

Last week we were invited to send ten Adamstown Public School students to Kotara High School to take part in the creation of an amazing mural, with renowned Australian and local artist, Saretta Fielding. This huge mural will be a permanent fixture in the outdoor area at Kotara High School.

Congratulations to Jarrah, Kian W, Allarzay, Corey, Ruby, Charlotte J, Kane, Chris & Jemma. These students represented our school very well. They each produced a painting of their families' 'story' or a 'journey', which are now part of this amazing mural at Kotara High School.

Please do not hesitate to have a look at Saretta's story, her own journey and incredible artwork at [www.saretta.com.au](http://www.saretta.com.au) Next term all classes K-6 will be studying the work of Saretta Fielding and using her techniques as inspiration for our own works of art. The colour and texture she uses in her work is truly inspiring. If you happen to be in the John Hunter's K2 Maternity Ward please stop to have a look at a huge mural she was commissioned to paint for them. Information about this mural can also be found on her website.

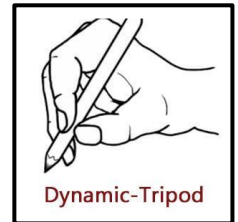


## Basic Skills

The basic skills many students K-6 find tricky in the art room:

- \* Washing out our own paint brushes and plates and putting them onto the dish rack to dry.
- \* Using a stapler, including putting in more staples if necessary (not Kindergarten or Stage One students)
- \* Using a sticky tape dispenser.
- \* Using scissors to cut accurately.
- \* Using an eraser.
- \* Using a paint brush (which is held like a pencil using the Dynamic Tripod pencil grip).

Please provide your child with opportunities at home to improve these basic skills and to increase hand strength.



## Recyclables:

The Art Room would love to receive old newspapers, egg cartons, wool and Aldi catalogues! We would also like to receive any old or unused framed painting canvases you may have laying around!

## School Holiday Fun

There are some fabulous things on during the upcoming July School Holiday! If you aren't heading to school to join the fun at OOSH, you may like to try one of these cheap or free activities:

## What's on in Newcastle

<https://newywithkids.com.au/july-2019-school-holidays-whats-on-in-newcastle-hunter/>


## Newcastle Art Gallery:

<https://www.nag.org.au/Engage/Children-Family-Programs/School-Holiday-Workshops>

**Megan Gibson**

# Important Dates

THIS WEEK		TERM 3, WEEK 1	
		NAIDOC CELEBRATIONS	
2 July	▪ Reports go home	22 July	▪ Staff Development Day
3 July	▪ KW 3-way Learning Conferences	23 July	▪ Students return
4 July	▪ KL 3-way Learning Conferences		
5 July	▪ Beanie Day (gold coin)		
	▪ Last day of Term 2		



# Collecting Now

- Year 4 Roar N Snore excursion
- Stage 3 Bathurst excursion
- Stage 1 Possum Magic excursion

## Screen time for your child – 7 tips

There is a lot of conflicting advice and emerging research around screen time. But, the right amount of screen time can depend on a range of factors like your child's age and maturity, the kind of content they are consuming, their learning needs and your family routine. It can be easy to focus only on the clock and how long your child is spending in front of the screen, but the quality and nature of what they are doing online, and your involvement are just as important.

Consider your child's screen use in the context of their overall health and wellbeing – for example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face connections with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.



### 1. Be involved

Sharing screen time and online activities like gaming with your child helps you gauge the appropriateness of what they are doing and manage potential risks. It's also a great way to start conversations with your child about their online experiences.



### 2. Work with your child to set boundaries for screen use

If you decide that setting screen time limits is right for you and your child, discuss these new rules with your child. Older children are more likely to cooperate if they have been part of the decision-making process. Colourful pictures or charts of daily limits and other important activities is a fun way to get younger children on board.



### 3. Be clear about the consequences of not switching off

Part of our role as parents is to set clear limitations and boundaries. The same applies to technology limitations so, being clear and consistent about the consequences for your child if they do not stick to these rules is paramount. The [Raising Children Network](#) provides some useful tools and advice.



#### 4. Set device-free zones and times at home

Device-free zones can help you manage your family's digital use. Here are some ideas for setting digital boundaries within your home:

- no devices in the bedroom for younger children
- all screens off in bedrooms after a certain time for older children
- all screens off at least one hour before planned bedtime
- all family members switch off at dinner time
- charge devices overnight in a place your child cannot access



#### 5. Ask your child to explain their screen use

Get your child in the habit of explaining why they want to be in front of a screen or online. It's a great way to get them thinking about their own digital habits and balancing screen time with other activities.



#### 6. Use tech tools to help manage access

There are robust products and device functions which allow you to see which apps are being used in your home and for how long. But try not to use these tools to secretly monitor your child. Instead, be open about the process and check the whole family's usage, including your own. Start with [Google Family Link](#) for Android devices or [parental controls](#) and [Screen Time](#) for iPhone/iPad.



#### 7. Lead by example

Your behaviour is one of the most effective ways to help your child develop a positive digital mindset. Show your child you can put down your device too.

