



MINDABOOKA

Adamstown Public School



Week 10 Term 1

2 April 2019

From the Principal

STUDENT ACHIEVEMENT

KL and KW: Special congratulations to our Kinders who have grown, achieved and settled in as well as any Kinders I have seen before. We are very proud of your wonderful achievements this term.



THANK YOU!

A BIG thank you also to all students, parents and community members for your continued support and contributions to our school during a very busy Term 1. I look forward to 'The Greatest School Around' providing even more wonderful learning experiences for us all next term!

A BUSY TERM FOR TEACHERS TOO



This term, all teaching staff at A.P.S. have attended a variety of training and development courses, before, during and after school, to enhance their professional development and the learning opportunities for all our students. Professional learning has taken place in the areas of:

Child Protection, Learning Progressions, Assessment Analysis, Explicit teaching of Writing, Student Wellbeing, W,H&S practices, Code of Conduct, Assessment and Reporting, Professional Development Framework, Australian Teaching Standards and School Planning for 2018 -2020.

Phew!

On our Professional Development Day at the start of Term 2, teachers will focus on Formative and Summative Assessment, Learning progressions and collaborative development of teaching and learning programs.

KOTARA HIGH HERE WE COME!

Just a reminder that an information evening will be held at Kotara High School on 2 April (tonight) in the KHS MPC from 6pm for parents of Year 7 students in 2020. The aim of the evening will be to introduce parents to key members of the KHS transition team (Deputy Principal and Year 7 Year Advisor 2020) and will run for approximately 30-45 minutes. All parents of students attending Year 7 at KHS in 2020 are encouraged to attend.

Members of the 2020 KHS transition team will also be visiting our school later in the year to meet with our Year 6 teachers & students. Please see Mr Davidson if you have any questions.

CROSS COUNTRY



Our Cross Country event will take place this Friday for students in Years 3 to 6. As the course is inside the school grounds the cross country will go ahead unless the weather is very inclement or the track is unsafe. All competitors should wear their sports uniforms to school but will be able to change into running clothes for the race if they wish. Students in Kinder to Year 2 will have the opportunity to be involved in a "fun run" at the same time. All students should bring a water bottle and wear appropriate shoes for running.

STUDENT/PARENT/TEACHER DISCUSSIONS ARE NEXT WEEK – LET'S SHARE THE GOOD NEWS!

Please log on and complete your booking as soon as possible.

Week 10

Wednesday 3 April: 1J and 2/3M

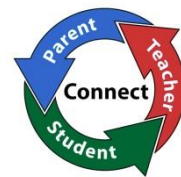
Week 11

Monday 8 April: 3/4C, 3/4D and 2N

Tuesday 9 April: 5/6D and 4/5N

Wednesday 10 April: 1C

Thursday 11 April: 2N and 5/6A



Three Way Learning Discussions Student ~ Parent ~ Teacher

Three way conferences are emerging as a positive alternative to parent-teacher interviews by those who advocate student engagement in the learning process.

What are three way learning discussions?

Three way learning discussions provide a forum for teachers, students and parents to acknowledge student progress and achievement. In three way conferences students typically lead by explaining their learning achievements, as well as areas for further improvement. Students use their portfolio as the driver when sharing their learning.

What are the benefits of three way learning discussions?

It is an important avenue for involving parents and students in the learning process and help parents understand the teaching and learning, assessment and reporting process. Three way learning discussions have benefits for teachers, parents and schools. Some of these benefits are outlined in the table below:

Teachers:

- allows for shared responsibility of student learning, assessment and reporting
- flows naturally from work produced in class
- strengthens communication channels with parents about student's learning and progress.

Students:

- enhances self-esteem by allowing them to share their learning opportunities in a positive environment
- critically involves students in self-assessment and allows them to take responsibility for their own learning
- empowers students as they work toward and achieve curriculum outcomes.

Parents:

- increases their understanding of learning and assessment
- allows them to participate in the reporting process rather than merely responding to it
- provides evidence to support twice yearly written reports.

How might three way learning discussions work in practice?

During three way discussions, students, parents and teachers have specific roles and responsibilities.

Students: During the conference they should attempt to demonstrate their understanding of their learning that they have completed through discussing and answering questions that may be posed. This enables students to share their work in a confident, assertive and articulate manner.

Parents: Parents are expected to attend the conference and take an active role in their child's presentation. Parents can offer support and encouragement to students and ultimately, through discussion at the end of the conference, help set achievable learning goals for the child for the remainder of the year.

Teachers: Teachers help students develop the confidence to share their work and understandings effectively. They play a crucial role in preparing and planning the students' work for presentation and discussion. They may model effective presentation skills. Teachers will also assist with other information for parents regarding their child's learning.

Please note: if there is a conversation you need to have with your child's teacher without your child being present, please book a time to speak to the teacher at a later date.

Three Way Learning Discussions ~ Strengthening the home and school partnership

KOTARA COMMUNITY OF SCHOOLS

Adamstown Public School is a proud member of the Kotara Community of Schools. This Thursday, 4 April we are hosting our first Aboriginal Yarning Circle meeting for 2019 at Belair Public School at 4pm. We warmly invite all families to come along and hear about what is happening for Aboriginal Education across our community of schools group.

Later that evening our Kotara Community of Schools' group will also host the combined P & C dinner meeting. This is an opportunity for our P & C members to come together and hear what other P & C's are doing in other schools, share ideas and make networks. KHS are hosting and they provide a lovely dinner after the meeting from their TAS department. Please RSVP for either event to Mrs Ross as soon as possible.

EASTER ACTIVITIES



Decorated Egg Competition: Students have been invited to design and create a character, scene, diorama or art work using a decorated egg or two. Works of art completed at home can be brought to school on Thursday 11 April or the morning of Friday 12 April. Prizes will be awarded for the most creative and original designs. There will be no cost to enter. Categories include: Easter, Sport, Famous Personality, Futuristic, Entertainment, Yesteryear and Miscellaneous. All creations will be on display in the Library on the day of the Easter Hat Parade. Winners will be announced at the Parade. Good luck everyone!

Easter Hat Parade: This year Easter is in the middle of our end of Term 1 break so in keeping with Adamstown Public School's tradition, we will be having our Easter Hat Parade on the last day of term, Friday 12 April. Kindergarten through to Year 5 will be invited to participate in the hat parade with students in Year 6 supporting their Kinder buddies with their creations. Aside from Kinder, hats should be sent in on the morning of the parade.

Recess will be from 11:00am - 11:25am. Lunch will be from 12:30pm - 1:10pm, the canteen will be open for recess and lunch orders. Parade will commence at 1.30pm.

Parents are invited to pack their own lunch and join the children for a picnic lunch at 12:30pm.

Easter Lucky Draw: Tickets have been sent home for the P & C Easter Lucky Draw.

The P & C are also seeking donations of Easter eggs, baskets, bunnies and wrapping paper. Please leave your kind donations at the office before Wednesday 10 April.

Additional sheets of tickets will be available at the school office.

2018 ANNUAL REPORT



The annual report is our evaluation of the school, its teachers, students and school community during the past year.

This report includes statistical information about us, such as how our students have performed against national minimal standards for reading and numeracy in the NAPLAN tests, and details of the learning outcomes of students drawing from our school's internal assessment information.

It also summarises our school's key initiatives, focus areas, finances and other educational practices, achievements and aspirations.

Our 2018 Annual Report will be uploaded to our school website for your information during the school holidays. A hard copy of our latest annual school report can also be obtained by contacting the school office.

TELL ME ALL ABOUT IT!

In the next few weeks up until the holidays, our Year 4-6 students will be participating in a survey that will give us some insight into student engagement, wellbeing and effective teaching practices at our school from a student perspective. The students will complete the survey during class time. We are looking forward to the information that we will receive from this and to the comparisons between the 2018 and 2019 data.

ATTENDANCE FACTS


EVERY MINUTE COUNTS ...


Lost minutes mean lost learning!

When your child misses just	that equals...	which is....	and therefore, from Prep to Year 12, that is ...
10 minutes a day	50 minutes of learning time each week	Nearly 1½ weeks per year	Nearly ½ year of school
20 minutes a day	1 hour and 40 minutes of learning each week	Nearly 2½ weeks per year	Nearly a year of school
1/2 an hour a day	½ a day of learning each week	4 weeks a year	Nearly 1½ years of learning of learning
1 hour a day	1 whole day of learning each week	8 weeks per year or nearly a term a year	Over 2½ years of learning

Your child's best learning time is at the beginning of the day...

School starts at
9.00 AM
DON'T BE LATE!





Good time keeping means making sure that your child is at school and ready to learn BEFORE the school bell rings!

END OF TERM DATES

The last day for students to attend school this term is Friday 12 April. This will be an out of uniform day. Gold coin donation will go to Yr 6 for their end of year gift to the school.

Teachers return on Monday 29 April.

All students return to school on Tuesday 30 April.

A safe and happy term break to all!



Kym Ross – PRINCIPAL

KNOW YOUR SUN FACTS FROM YOUR SUN FICTION

Did you know that we need some sun exposure to make vitamin D for healthy bones and muscles?

You may know that exposure to high levels of ultraviolet (UV) radiation in sunlight can cause skin cancer – but did you know that not enough time in the sun can mean low levels of vitamin D?

Vitamin D keeps our bones healthy and strong for life, and reduces the risk of osteoporosis in adults – a condition causing brittle bones

In NSW, UV levels are at their lowest in June and July. In the north and far west, most people need 20-25 minutes of sun exposure during mid-morning or mid-afternoon, and in the south 30-40 minutes in the middle of the day. This will keep your vitamin D levels topped up during winter and means braving the chill and rolling up your sleeves to get some sunlight on your forearms as well as your hands.

Don't risk damaging your skin. UV levels can change from day to day. When UV levels are 3 and above use sun protection. People who use sunscreen regularly when UV levels are 3 and above do not have lower vitamin D levels than people who don't. Check UV levels for your local area on the free SunSmart App for smart phones, download it from the App Store or Google Play.

Talk to your doctor if you have any concerns about developing a vitamin D deficiency.

Want to know more?

Check out www.cancercouncil.com.au/sunsmart-primary or call the SunSmart team on **(02) 9334 1761**.

Sun safety on the public schools website www.schools.nsw.edu.au/studentsupport/studenthealth/sun-safety/index.php



This year, the Adamstown/Merewether/Hamilton RSL sub branch have redeveloped the ANZAC Day march at Adamstown. All APS students from Kinder to year 6 are warmly invited to participate in the ANZAC Day march. Students will need to wear school uniform and hat, meet at the Adamstown Post office between 8- 8:15am and the march commences at 8:30am. The ceremony will take place at the cenotaph on Brunner Rd. ANZAC Day community march on 25 April, the second week of the holidays.

You can follow the Adamstown ANZAC Committee page on Facebook.



Decorated Egg Competition

Create a character, scene, diorama or art work using a decorated egg or two.
Choose a catchy name for your work and enter!

Entry Categories:



Easter theme



Space / Futuristic



Yesteryear



Sport



Personality



Entertainment



Miscellaneous

Individual winner for each category will win a prize.

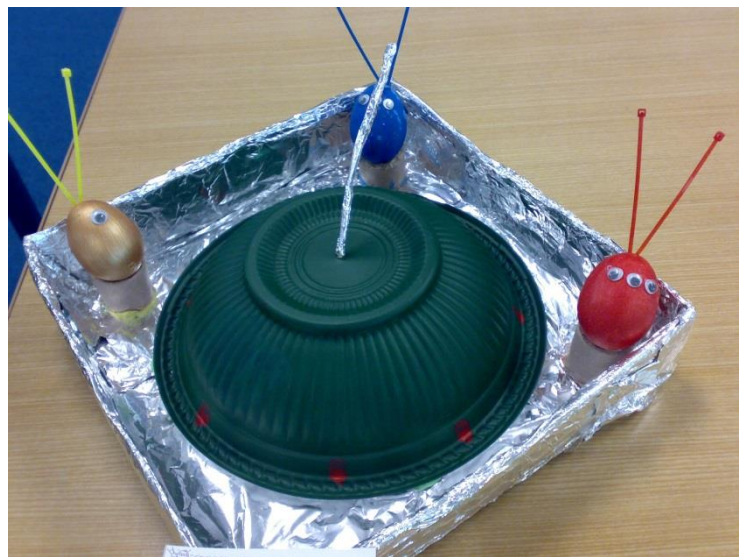
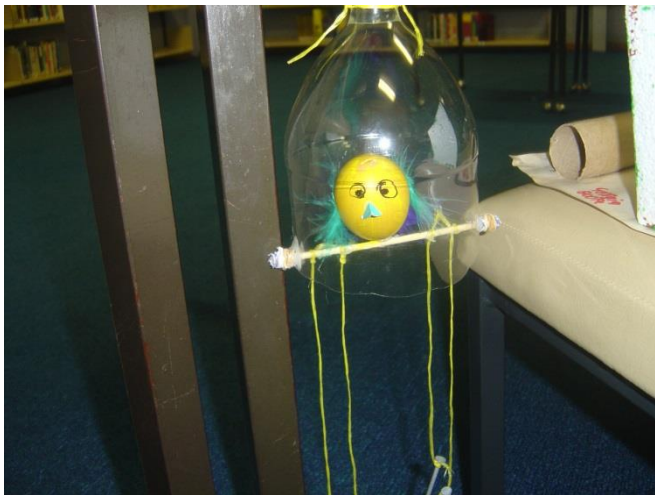
No cost to enter.

*Entries can be brought to school
Thursday 11 April or
Friday 12 April.*

**good luck
and have fun!**

Remember:

- ✓ Label with your name and class
- ✓ Your work must be free standing
- ✓ Use hard boiled, blown, plastic or Styrofoam eggs
- ✓ No chocolate eggs please.



We have children enrolled at our school with life threatening anaphylactic allergic reactions to shellfish, nuts and peanut products. We would like to encourage families not to send these products to school with their children. Nut products include peanut butter, Nutella, sesame seeds, loose nuts, nut or chocolate bars.

We are committed to the pursuit of excellence and the provision of high quality opportunities for every child. In our school every child is known, valued and cared for.

Library News

As the term nears the end I'd like to thank our library assistants for their effort in assisting our students. Their responsibility and leadership is appreciated. Kinder are starting to log onto the internet.

Due to a minor timetable change, classes will borrow and return books on the following days:

Monday: 3/4C, 3/4D, 1C, KW

Tuesday: 5/6A, 5/6D, KL, 2N

Wednesday: 2/3M, 1J

Thursday: 4/5N

Library Award Winners

Congratulations to the following students for their efforts in our library sessions.

Shelley, Ruby C, Shona, Sam C

Library Bags

Please remember to change the class on library bags for 2019. This helps with getting lost bags back to the correct class and students.

Premiers Reading Challenge

K-2 are busy reading and listening. Primary students are still busy entering their book titles onto the PRC website. Parents wishing to enter PRC books at home may continue to do so.

New Books in!

Beware the Deep Dark Forest

Big Nate Blasts Off

Chip The Lifeguard

Diary of an 8-Bit Warrior (Book 3): Crafting Alliances

Noni the Pony Rescues a Joey

Keep on reading!

Mr Howell

Librarian & Teacher

Cross Country

The school's Cross Country Event is scheduled for **Friday 5th April 2018**. This event will be conducted on the school grounds over the following distance and at the times indicated:

9:30am: 8/9 years boys and girls 2000m

9:45am: 10 years boys and girls 2000m

10:00am: 11years boys and girls 3000m

10:15am: 12/13 years boys and girls 3000m

Students will be instructed to proceed at their own pace to avoid over exertion and physical stress. Participation details:

- Sports uniform and running shoes are to be worn in the event. Spikes are not permitted.
- Parents are advised to provide adequate sun protection for their child eg. 30+ broad spectrum sunscreen and a hat.
- The course will involve running around a set course within the school grounds.
- In warm weather, dehydration can be a problem. Students will be encouraged to drink prior to and at the conclusion of the event.
- **Asthma medication will be available as required.**
- If prevailing conditions on the day are considered a risk to students, the event will be postponed, however students are advised to be prepared for any type of weather.

If your child has a medical condition (eg: **ASTHMA**) that will preclude or limit involvement, please notify your child's classroom teacher in writing, **prior** to the day.

Mr Downing

Cross Country co-ordinator

POSITIONS VACANT

Primary Ethics

Are you interested in the Special Education in Ethics program that is run on Wednesday afternoons? The Primary Ethics team are currently looking for additional teachers to meet demand. The next teacher training workshop in Newcastle is on May 4th and 5th and it is free. Training can be attended after going through a simple screening and induction process. Please call Mary on 0422 229 082 if you would like more information.

Floral Tributes – ANZAC Day Service

Donations of flowers can be left at the office on Monday 8 April so that they can be made into wreaths by parent volunteers that morning. Any parents who are available for the making of wreaths on Monday morning at 8:30am would be greatly appreciated. An Expression of Interest is included in this newsletter. Thank you in anticipation.

Principal Awards

CORE VALUE: DEMOCRACY



Freya

A student that treats others with fairness and kindness and advocates for others to ensure all voices are heard.

CORE VALUE: RESPECT



Edward

A respectful young man who always follows school rules.



Lachlan

Always kind, respectful and considerate to all.

CORE VALUE: CARE



Myles

A kind and considerate young man who can be always be relied upon to do the right thing.



Toby

A gentle, honest and fair young man who maintains positive relationships with his peers.

Important Dates

THIS WEEK

- 3 April ▪ 2/3M and 1J Learning Discussions
- 5 April ▪ Kotara Community of Schools – Yarn Circle and P&C meeting
- Cross Country event

THIS MONTH

- 8 April ▪ 3/4C, 3/4D and 2N Learning Discussions
- School ANZAC Service
- 9 April ▪ 4/5N and 5/6D Learning Discussions
- Yr 6 Excursion to Civic Theatre for ANZAC Service
- 10 April ▪ 1C Learning Discussions
- 11 April ▪ 2N & 5/6A Learning Discussions
- 12 April ▪ Easter Hat parade
- 25 April ▪ ANZAC Day march & service
Brunker Road, Adamstown



Collecting Now

- Band fees
- Easter egg donations for P&C Easter raffle
- Roar N Shore Excursion Deposit
- Bathurst Excursion Deposit
- ANZAC Yr 6 excursion
- PSSA Netball & Soccer

Volunteer Flower Arranging

Yes, I _____ (Name) can help arrange flowers on Monday 8th April @ 8:30am

Signature _____

'Seasons For Growth' Grief Program

Learning to live with change and loss

Change and loss are issues that affect all of us at some stage in our lives. At Adamstown Public School we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore once again offering a very successful education program called 'Seasons For Growth'. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

If you think your son or daughter would benefit from 'Seasons For Growth' we would encourage you to talk to him/her about participating in the program.

Adamstown Public School is pleased to be able to offer this important program to **Stage 2 students (Years 3 and 4) during Term 2** and we are confident that it will be a valuable learning experience for those who request to be involved. If you require further information please contact Penny Holt (DSM).

'Seasons For Growth' has been timetabled to run for eight weeks, each weekly session is approximately 1 hour long. The program concludes with a celebration session. Later in the year each group will have the opportunity to meet for two further sessions to build on earlier learning.

*PLEASE COMPLETE THE FORM BELOW AND RETURN TO Mrs Penny Holt by **Monday 8th April 2019**.*

Penny Holt

Kym Ross

Seasons for Growth Companion

Principal

'Seasons For Growth' Expression of Interest Form

I _____, would like my son /daughter / ward

_____ of class _____ to be considered

for the Seasons for Growth program. I have discussed with this with him/her.

_____ Date: _____

Parent/Guardian Signature