



MINDABOOKA

Adamstown Public School



Week 4 Term 6

20 November 2018

From the Principal

STUDENT ACHIEVEMENT

Canberra Excursion: Very early last Wednesday morning we finally waved off three teachers, one parent and 60 very excited students as they headed to the National Capital for the remainder of the week.

By all reports the students' behaviour, attitude, interest and good manners gained positive comments from every place they visited. The bus driver was completely won over and once again placed Adamstown at the top of his 'best schools to spend three days with' list. I would like to thank Mrs Neilands, Miss Anderson, Mr Downing and Lisa Bramble for their time away from their families and for working so hard to make this an enjoyable and memorable learning experience for all our students.

Well done everyone!



Remembrance Day: I couldn't have been prouder to be standing alongside our APS Leadership team on Sunday morning as they represented our school at the 100th anniversary of Remembrance Day. Our students laid a wreath and represented our school with pride. What a special memory to be part of the service for the 200th anniversary. I'm sure you will agree with me that they certainly look very proud shining in their Executive uniforms. Ms Lisa Gaudron (Clare and Kai's mum) was also chosen by the Adamstown ANZAC committee to play the bugle at this service. Thank you to all the families and community members who came along to be part of the service as well.



Leadership opportunities: Over the past two terms many students have had the opportunity to put themselves forward for leadership positions in preparation for 2019. The number of candidates who have taken the opportunity to step outside their comfort zone and share their ideas with their teachers and peers has been wonderful which proves that we are certainly fostering confident, ambitious and responsible young leaders at APS.

The Year 5 students who spoke about their vision for APS as School Captain for 2019, in particular, were outstanding. School Captain, Vice Captains and House team leaders (junior and senior) will be all announced at our Presentation Day assembly.

Next year's Year 6 students will also have the opportunity to take on a variety of other leadership roles including School Parliament Ministers. At APS our Year 6 Leadership team (all of them!) become responsible for many parts of the day to day functioning of our school. The Captain's badge is a nice honour to receive but Year 6 parents, please stress to your child just as we do at school, that it is only one of many leadership opportunities along the way during a student's Year 6 journey.

EXIT SURVEYS



We are at present in School Evaluation mode. Exit Surveys will be distributed soon to those families who have a Year 6 student or who will be leaving our school at the end of 2018. The feedback gained from these surveys will provide valuable information to help us to continue to deliver the best educational opportunities we can to our students and parents at Adamstown Public School. Your completion and return of the survey would be most appreciated.

THEY'RE BACK FOR ONE LAST TIME!

On Wednesday 29 November we will play host to our 2019 Kindergarten guests for one last time as they enjoy their first Kindergarten classroom experience with a fun craft session. KL, KD and KW experts will also be there to assist. An information session will be provided for parents during this time re final administrative requirements and Kindergarten Best Start Assessments. Our Uniform Shop will also be open. My thanks to Miss Littlewood and Ms Wenham who have done a superb job over the past two terms preparing our new little ones (and their parents) for "big school".



THANK YOU PARENT and COMMUNITY HELPERS

Family support is always a vital part of a school community and this partnership helps in significant areas. The assistance given through committees, canteen services, support of our school band, Starstruck, Scripture, Ethics, Reading tutors, Working Bees, Fundraising as well as numerous educational programs benefits us all. This involvement is vital to the smooth running of each school year.

In recognition of this great work and continued support, our staff will provide a morning tea for our family and community helpers on **Wednesday 5 December at 11 am**. I understand that it is not always possible for everyone to join us on this day so I would like to take this opportunity to express by thanks and gratitude to you all on behalf of our staff and students. Your work in our school during 2018 has been invaluable.

P&C PARTY TIME!

Our final meeting for the year is on Monday evening, **3 December at 6:30pm**. This is fantastic way to introduce yourself to our wonderful group of P&C parents so please come and join us for our low key final meeting for 2018 as we reflect upon the successful year that has been. And what a year it has been! Our P&C have helped to fund so many outstanding projects, none more exciting than the purchasing of resources for our classrooms and construction of a sun shelter over our playground equipment. All of our children and community benefit greatly from the generosity and hard work of our wonderful team.

The final Combined Kotara Community of School P&C meeting will be held at Kotara High School on Wednesday 28 Nov at 6pm. This is an opportunity for P & C's across our school network to share ideas, discuss various topics and come together as a group of motivated parents who want to see our schools and students shine. Please RSVP to our P & C president Mr Mark Townsend if you are interested in attending.

SPECIAL AWARDS ASSEMBLY

On **Friday 7 December** at 12:00pm a special awards assembly will be held in the school hall to acknowledge and present students with Premier's Reading and Sporting Challenge certificates, 100% Attendance awards, Commitment to Band certificates and Kindergarten celebration certificates. Our Presentation Day follows on the following **Friday, 14 December** at 10:00am at Merewether High School. All parents are most welcome to attend both presentations so please remember to add these important dates to your calendar.

FUTURE ENROLMENT

If you foresee any changes to your child's enrolment in 2019, and you not already done so, could you please advise the school as soon as possible? This will assist us in our planning and enrolment enquiries for students in each year level.

Thank you for making our school the 'Greatest School Around'.

Kym Ross – PRINCIPAL

School News

YEAR 5 ART DAY

A few weeks ago, a group of Year 5 students had the opportunity to visit Kotara High School for a Primary School Art Project. During this visit, students learned about artistic techniques, how to use different equipment and materials and apply practical artmaking. In particular, they used collage and mosaics to create a public art mural for Kotara High School, which represented the different natural environments in Australia. Our Year 5 students and Miss Anderson thoroughly enjoyed this day and can't wait to go back to Kotara High to see the art mural on display!

Miss Anderson



TALENT QUEST

Our school will be holding a talent quest close to the end of term. This will be a student only event where our students will be able to show some of their talents that we may not normally see at school. There is no requirement for costumes or backing tracks, however students may bring them in if they wish. Students wishing to participate in the talent quest are to let Miss Bennett know. More details are to come in the next couple of weeks as dates are finalised.

BAND RECRUITMENT

Next Thursday we will be holding a band recruitment drive. Students who are currently in years 2-5 will be able to put in an expression of interest to join our school band. There is a high level of commitment expected of our band including attending rehearsals every Monday morning and attending private tutoring during the week. If your child is interested, please have a conversation with them about the commitment and return the expression of interest note home after they are sent home next Thursday.



Miss Bennett

PARLIAMENT AND CIVICS EDUCATION REBATE

Students from our school have recently undertaken an education tour of the national capital. Students participated in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognizes the importance of all young Australian's being able to visit the national capital as part of their Civics and Citizenship education.

To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$20 per student under the Parliament and Civics Education Rebate program towards those costs.

The rebate is paid directly to the school upon completion of the excursion.

SKOOLBAG

Skoolbag has recently upgraded the school's mobile app. To ensure that you continue to get all our notifications you must install the new look Skoolbag app as seen below. You will be prompted to register with a username and password.



Library News

It's that time of year when we ask that all students ensure that all library books are being returned. This helps to avoid items being lost or forgotten.

Final week of borrowing is next week (Week 7).

Overdue notes will be sent home so books we can have all books on our shelves for the upcoming Stocktake.

Mr Howell

New Books just in!

Tom Gates: What a Monster
Seriously Do Not Open This Book
Hot Dog 5

Principal Awards

CORE VALUE: RESPONSIBILITY



Luke

A kind, thoughtful and empathetic student who is always looking out for others.

Nikoli

Consistently showing respect to his peers and teachers and always willing to help others.



CORE VALUE: RESPECT



Layla

A respectful student who always follows school rules.

Rin

Consistently displaying regard for the feelings, wishes and rights of others.



SCHOOL CITIZENSHIP: CARE



Oliver

Demonstrating outstanding care and compassion for a fellow student.

Abby

Demonstrating outstanding care and compassion for a fellow student.



We have children enrolled at our school with life threatening anaphylactic allergic reactions to shellfish, nuts and peanut products. We would like to encourage families not to send these products to school with their children. Nut products include peanut butter, Nutella, sesame seeds, loose nuts, nut or chocolate bars.

Important Dates

THIS WEEK	THIS MONTH	THIS TERM
22 Nov <ul style="list-style-type: none"> School Parliament Kotara HS Parent Information evening for Year 7 	28 Nov <ul style="list-style-type: none"> Year 6 to Kotara HS 	4 Dec <ul style="list-style-type: none"> Stage 2 Excursion
23 Nov <ul style="list-style-type: none"> Colour Run Sponsorship to be complete 	29 Nov <ul style="list-style-type: none"> Kinder Orientation visit 	5 Dec <ul style="list-style-type: none"> Parent Volunteer Thankyou
	30 Nov <ul style="list-style-type: none"> Colour Run 	7 Dec <ul style="list-style-type: none"> Special Awards Assembly
		11 Dec <ul style="list-style-type: none"> Reports distributed
		13 Dec <ul style="list-style-type: none"> School Parliament
		14 Dec <ul style="list-style-type: none"> Presentation Day
		17 Dec <ul style="list-style-type: none"> Year 6 Farewell
		18 Dec <ul style="list-style-type: none"> Class parties & Mini fete
		19 Dec <ul style="list-style-type: none"> Year 6 Clap out and last day of Term 4.

Collecting Now

- Stage 2 Excursion
- Mini Fete
- Band Fees
- Voluntary Contributions

Good for Kids good for life

CHOOSE WATER as a drink

Water is the best drink as it does not have any added sugar. Fruit juices, soft drink, sports drinks or cordials should not be given to your child everyday as they contain a lot of added sugar. Tap water is the best choice. In most areas, tap water contains Fluoride, which helps children to develop strong teeth.

HOW MUCH SUGAR IS IN THAT DRINK?

BEST CHOICE

- Water (No sugar)
- Plain milk (No added sugar)
- 100% Fruit

AVOID LIMIT THESE HIGH SUGAR DRINKS

- Cordial
- Energy drink
- Flavoured milk
- Sports drink
- Soft drink

GOOD FOR STRONG BONES & TEETH

NOT EVERY DAY. LIMIT TO 1x CLIP

TIPS TO HELP YOUR KID DRINK MORE WATER

- Show children that you enjoy drinking water
- Drink water with every meal
- Take a refillable bottle of water when you go out
- Pack water with your child's lunch
- Encourage your child to drink water when they play sport
- Limit buying sugar sweetened drinks

HOW MUCH WATER SHOULD KIDS DRINK EACH DAY?

1-5 years: 6x 200ml glasses = 1.2 litres

6-12 years: 6x 200ml glasses = 1.2 litres

EXTRA TIP: IF YOU ARE ACTIVE

Source: Western Sydney Local Health District

NSW GOVERNMENT

MAKE HEALTHY NORMAL

Health Western Sydney Local Health District

PHONE 49246499

APS P&C Newsletter

Supporting the 'Greatest School Around'

EMAIL: adamstownpublicschool@pandcaffiliate.org.au

P&C MEETING – MONDAY 3 DECEMBER

Everyone is invited to attend our last P&C meeting for 2018 on **MONDAY 3 DECEMBER at 6.30pm** in the Staffroom.

Come along to hear about all the great work our school community has done this year, and look ahead to ways we can work together to support our school in 2019.

There are plenty of opportunities for new members to take an active role, so we would love to see you there.

For questions, feedback or suggestions please send us an email.

ANOTHER AMAZING P&C EVENT!

There were some funky dance moves on the dancefloor last week for our Term 4 disco!

Thank you to everyone who helped out, including all our parent helpers, Miss Judge, Mrs Ross and all the supervising teachers for giving their time so generously.

Finally, huge thanks goes to our Fundraising Committee Linda and Amy, for organising another amazing event!

LIKE US ON FACEBOOK



Like 'Adamstown Public School P&C' to keep up to date with P&C events and information. Please share our page with family (especially grandparents and carers) so they can see the great things we do!

CANTEEN NEWS

There are big changes ahead for the Canteen in 2019, including transitioning to the NSW Healthy School Canteen strategy.

There will be some exciting new additions to the menu, with an emphasis on helping our children make healthy choices. There will also be weekly specials and seasonal options.

We will also be reviewing the prices of all items. Some of our Canteen items have not been reviewed since 2013 - that's when some of our Kinders were born! The P&C are committed to keeping prices affordable and in line with community expectations.

Please contact us if you have any suggestions or feedback or if you would like to be involved in menu reviews as part of the P&C.

VOLUNTEERING IN 2019

The P&C are committed to ensuring that everyone in our school community has the opportunity to help make a difference!

Next year we will be providing loads of information about how everyone can help as part of our **JUST ONE THING** campaign, including:

- Helping in the Canteen or Uniform Shop
- Becoming a P&C member
- Helping in the garden
- Helping out at the disco or other event
- Teaching Ethics or responding to requests for assistance from your child's teacher

If you're interested in volunteering to help next year please send us an email or chat to Jenny in the Canteen.



COLOUR FUN RUN – NOVEMBER 30

The APS COLOUR FUN RUN will be held on **FRIDAY NOVEMBER 30** from 1 – 3pm.

Runners will complete a fun and colourful course featuring clouds of colour and water – it is sure to be a whole lot of messy fun!

There is no entry fee to participate. Runners are invited to collect sponsorship to raise money for our Canteen upgrade fund.

The Colour Fun Run is all about having fun and getting colourful!

This is a **UNIFORM FREE** day. Students are encouraged to wear WHITE t-shirts – the more white your child wears the more colourful they will be at the end of the course.

The coloured powder will likely wash out of clothing, but it is recommended to wear clothing that you do not mind being permanently coloured. Hats, sunglasses or goggles may also be worn for eye protection.

Parents are welcome to join in on the last lap – so don't forget to dress ready to get colourful and messy!

More information about this event will be sent home soon – so keep an eye out!

COLOUR FUN RUN SPONSORSHIP

All Colour Fun Run sponsorship donations must be completed and prizes selected by **THURSDAY 22 NOVEMBER**.

To receive a prize, your child's fundraising total (including amounts collected as cash) and prize selection must be loaded onto their online profile by this date.

To set up your child's profile, go to schoolfundraising.com.au

If your child has collected cash donations from family members and friends, please add these to their online profile **before** selecting their prize. You can do this by:

- depositing the cash into your own bank account and then transferring the cash amount onto their online profile, or
- adding the cash amount to the relevant section of their online profile.

If you do not have access to a computer to create an online profile, please bring your money and sponsor sheet (with your child's prize selected) to school by the due date. The Fundraising Committee will complete your child's prize order online.

CAN YOU HELP?

We need helpers from 12-3pm to set up, pack away and with colour or water stations during the COLOUR FUN RUN.

If you are available to help please email lindakolevski@hotmail.com or send us a FB message and we will send you more info.

We also need super soakers for the COLOUR FUN RUN. If you have one that we can borrow, please leave at the Office as soon as possible prior to the event. Make sure your child's name is clearly marked so that we can return them promptly.



COLOUR RUN



Only TWO weeks to go!!!

With the Colour Run fast approaching there are a few things to remember

Date: Friday 30th November 1pm-3pm.

- 1: It is preferred that students have an online profile to aid in online sponsorship and selection of prizes.
NB: if you are given cash donations then you can deposit this money into your account then simply donate that amount to your child's online profile using your VISA/Mastercard.
- 2: All sponsorship **MUST** be finalised by Thursday 22nd November. This includes any money collected that needs to be handed into the school with the Sponsorship sheet.
- 3: All prize selection must be completed by Friday 23rd November.
- 4: Colour Run Day is an out of uniform day. If students could wear a white t-shirt, they will get the full effect of the coloured powder. Old clothes are advised. A change of clothes might be useful if your child has to go to OOSH or catch the bus. Protective eye wear such as sunglasses are also recommended. Year 6 will be selling sunnies throughout next week at \$* each.
- 5: We are asking families to lend the school Super Soakers for this occasion. (please clearly mark your child's name so the soaker can be returned)
- 6: Parents & caregivers are also invited to come and join in the fun. If you would like to participate in the adult lap of honour, please wear old clothes too. ☺

Please contact Mr Downing for any further information.

TIME TO GET EXCITED!!!!!!

